



## Net Zero Policy and Procedures

### Children's Sensory Therapy Ltd

#### 1. Purpose

Children's Sensory Therapy Ltd is committed to working towards becoming a net zero organisation. As a service supporting the wellbeing and future of children, we recognise our responsibility to reduce our environmental impact and operate sustainably. This policy sets out our commitment, guiding principles, and the practical steps we are taking to reduce our carbon footprint in a proportionate and achievable way.

#### 2. Scope

This policy applies to all areas of our operations, including:

- Clinical services
- Administrative and business support activities
- Educational and training provision
- Travel and transport
- Procurement and purchasing
- Facilities and premises management

#### 3. Our Net Zero Goal

Our aim is to reach net zero carbon emissions by 2035, with a significant reduction by 2030. We are committed to:

- Understanding our main sources of carbon emissions
- Reducing emissions wherever practicable
- Offsetting residual emissions only where reduction is not yet feasible

## 4. Guiding Principles

Our approach to sustainability is guided by the following principles:

- Responsibility – We will act responsibly and promote environmental awareness across our organisation.
- Practicality – We will take meaningful, realistic steps appropriate to a small, specialist therapy service.
- Quality – Sustainability will be embedded without compromising therapeutic standards, safeguarding, or client care.
- Transparency – We will monitor progress and review this policy regularly.

## 5. Key Areas and Actions

### A. Energy Use and Buildings

- Turn off lights when rooms are not in use.
- Turn off non-essential equipment at the end of the day and between sessions.
- Explore grants or funding opportunities for energy efficiency improvements such as insulation.

### B. Transport and Travel

- Offer remote consultations where clinically appropriate to reduce travel.
- Allow staff to work from home where roles and service delivery allow.
- Encourage the use of public transport, car sharing, cycling, or walking where feasible.
- Provide secure bike storage and promote cycle-to-work schemes where possible.

### C. Materials, Resources, and Equipment

- Reduce the use of single-use plastics for therapy resources where safe and appropriate.
- Encourage refillable bottles, ceramic cups, and reusable containers.
- Prioritise durable, high-quality therapy equipment with a longer lifespan.

### D. Procurement

- Use local suppliers where possible to reduce transport emissions.
- Consider environmental credentials when purchasing, such as FSC-certified or recyclable products.
- Balance sustainability considerations with clinical suitability, cost, and safety.

### E. Waste and Recycling

- Separate waste into general, recycling, confidential, and clinical streams.
- Promote digital record-keeping to reduce paper use.
- Use washable crockery, cups, and utensils in staff and client areas.

## F. Cleaning and Facilities

- Use environmentally friendly, non-toxic cleaning products wherever possible.
- Review cleaning suppliers and materials to prioritise sustainable options.

## G. Staff Engagement and Awareness

- Include environmental responsibility within staff induction.
- Provide periodic awareness or refresher training on sustainability.
- Encourage staff to share ideas for reducing environmental impact.

## 6. Monitoring and Review

- Children’s Sensory Therapy Ltd will monitor progress towards its net zero ambition in a proportionate and achievable way.
- An annual environmental review will be carried out, focusing on key areas such as energy use, business travel, waste, and procurement.
- Monitoring will be primarily qualitative, supported by basic quantitative information where available (for example mileage claims, energy usage data, or paper consumption trends).
- A nominated Green Lead will coordinate monitoring activity, promote good practice, and report key themes or actions to the leadership team.
- Findings will be used to identify priorities for the following year rather than to produce a full formal carbon audit.
- This policy will be reviewed annually in January and updated as required to reflect organisational changes, new guidance, or emerging good practice.

## 7. Roles and Responsibilities

<b>Role</b>	<b>Responsibility</b>
Directors	Strategic oversight and approval of the policy
Green Lead	Day-to-day implementation, staff engagement, and reporting
All Staff	Adhering to procedures and supporting sustainability practices
Admin / Facilities	Waste management, energy awareness, and procurement practices

## 8. Statement of Commitment

Children’s Sensory Therapy Ltd is proud to be a child-centred organisation that recognises the importance of acting responsibly in relation to climate change. We believe that protecting the environment is part of protecting children’s futures, and we are committed to taking thoughtful, proportionate steps to reduce our environmental impact while continuing to deliver high-quality therapeutic services.

*Reviewed: January 2026*

*Next Review: January 2027*